



Mitzvah Morning Sponsored by Hadassah

SUNDAY, DECEMBER 14
KTI Ballroom

8:30 a.m. (for minyan) - 1 p.m.

*Come join us and make this morning before Hanukkah
about giving to those in need*

*Support various Hadassah projects in Israel as well as the
Carver Center, the King Street Home, children in need,
local soup kitchens and U.S. troops*

Please bring:

- Yourself and lots of friends and family*
- Spare change*
- a gift or the monetary equivalent*
- canned vegetables and fruit, cake mixes, jello mix, pasta,
tomato or spaghetti sauce, juice, cereal, soup and tuna*
- individually packaged, ready to eat foods, soups, drinks,
breakfast or granola bars etc...*

*Questions? Contact Andrea Neuman - 914-934-9280 (h) or 203-588-7183 (w),
or email at andrea.neuman@pharma.com*

Hadassah's Mitzvah Morning
December 14, 2008
KTI's Ballroom

8:30 a.m. – Attend Minyan

9:00 a.m. – 1:00 p.m.

Get Well Cards – Create get well cards for delivery to patients in Hadassah Hospital which will be delivered to the hospital during a visit by Hadassah members.

Holiday Cards/Crafts – Create holiday banners/crafts which will be delivered to residents of the King Street Home, Sterling Glen, St. Peter's Soup Kitchen and the Carver Center.

Support Our Troops – Write “thank you” and prepare packages to send to U.S. soldiers/platoon contacts provided through Operation Support Our Troops.

“Count Your Blessings” – Bring in and help count spare change which will be collected to support Hadassah's “Spare Change Changing Lives” project.

Crafts for Carver – Help assemble crafts projects for the Carver Center's After School Program which services 130 children each afternoon.

Food Drive – Bring canned vegetables and fruit, cake mixes, jello mix, pasta, tomato or spaghetti sauce, juice, cereal, soup and tuna for local food banks/soup kitchens.

“Make and Bake” – Make a meal for a local soup kitchen and bake brownies for delivery to St. Peter's Soup Kitchen and Carver Center.

“Shed Some Light” – Buy Hanukkah postcards to raise money for various Hadassah projects. Cards contain a notation that as part of Mitzvah Day, a donation was made to Hadassah.

“Donate A Night” – Give up one night of Hanukkah gifts (either the gift or the monetary equivalent). The gifts will go to the Gift of Hanukkah program. The money donated may be designated for various Hadassah causes (Youth Aliyah, Clown Program and Hadassah Medical Organization).

11:00 a.m. - Celebrate with Seniors – Make this Hanukkah a multi-generational celebration with a visit to the King Street Home to sing Hanukkah songs, deliver Hanukkah crafts and play Hanukkah games.

IDEAS FOR PACKAGES FOR U.S. TROOPS

<p style="text-align: center;">FOOD:</p> <ul style="list-style-type: none"> • Kool Aid Singles (pre-sweetened) • Crystal Lite Singles • PRE-SWEETENED powdered drink mixes (Gatorade, KoolAid, etc) • Vanilla wafers ('Nilla Wafers) • Graham crackers • Coffee (ground; vacuum packs or small cans) • Canned chili, ravioli, spaghetti-o's etc. • Campbells Chunky soup ready-to-eat • Boxed or canned potato chips • Canned salsa or potato-chip dip • Canned fruit • Canned tuna • Sunkist tuna "Lunches To Go" • Sunkist Chicken "Lunches To Go" • Power bars or Energy bars • Any canned meat product • Boxed cookies • Beef jerky • Kellogg® Pop Tarts • Trail mix • Chewing gum • Candy bars (Bit-o-Honey, etc) • Hard candy • SweetTarts, Tootsie Rolls, PopRocks, etc. • Peanut butter in plastic container • Jelly in plastic container • Ritz crackers, Wheat Thin crackers • Rice Krispie bars • Granola bars • BREAKFAST CEREAL individual sized • SMALL size hot sauce in plastic jars • Plastic forks, knives, spoons • Paper bowls/plates • Small manual can openers • Individual condiment packets 	<p style="text-align: center;">PERSONAL & HYGENE:</p> <ul style="list-style-type: none"> • Insoles for shoes • Eye drops (for desert environment) • Lip balm (Blistex, Carmex) • Eye wash • Travel size pillows and pillowcases • Twin size bed sheets and pillow cases • 1" paint brushes (to clean fine dust out of guns) • Fine makeup brushes (also to clean guns) • Talcum powder - small size • Deodorant • Body wash - small size, plastic container • Hand sanitizer - small to medium size • Mouthwash - small plastic containers • T-shirts • Towels • Hand Lotion - small to medium size • Body Lotion - small to medium size • SOFT 2-ply toilet paper (Charmin, Northern, etc...) • Personal/body wipes (or baby wipes) • Band aids • Shampoo (small to medium size bottles) • QuattroPro razors and refills • Mach 3 razors and refills • Disposable razors, double or more bladed • Shaving gel (not aerosol) • Aftershave gel (no glass bottles) • Thick cotton black socks • White crew socks for exercising • Black shoe polish • SOFT COTTON boxer shorts (the funnier the better) Medium to X-large • Nail clippers • Eyeglass cleaner • Bounce sheets (for fleas) 	<ul style="list-style-type: none"> • Laundry detergent TABLETS or • Laundry detergent in SMALL boxes • Table top flashlights • Mag lights • Hair bands • Hair clips • Small mirrors • Non-aerosol hair spray • Hair gel • Facial cleanser, moisturizer <p style="text-align: center;">RECREATION:</p> <ul style="list-style-type: none"> • Model car or airplane kits • Glue, paint & brushes for model kits • CURRENT sport or computer magazines • Frisbees • Disposable cameras • Hand held video games (poker, solitaire, etc.) • Playing cards • Poker chips • Board games (used okay) up to 10" long box • Crossword puzzles • AA & AAA batteries • Compact Disc players (used ok) • Music CDs (used ok) • Personal size DVD players (used ok) • Movie DVDs (used ok) • Laptop computers (used okay) • Dominoes • Yo-yo's • Baseballs and softballs • Baseball catcher gloves (used ok) • Stationery, pens, envelopes, etc. • Beanie Baby type small stuffed toys • AT&T International PHONE CARDS (Be sure they are the kind you can use to call FROM the mideast TO the United States)
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Items Needed for Carver Center, St. Peter's Soup Kitchen, My Sister's Place and Maria Ferrari Hospital

- CANNED VEGETABLES
- CANNED FRUIT
- PASTA AND SAUCE
- CAKE MIXES
- JELLO
- CEREAL
- SOUP
- TUNA FISH
- CANNED JUICES
- NEW OR VERY GENTLY USED INFANT AND BABY CLOTHES
- NEW SCHOOL SUPPLIES (CRAYONS, PAPER, GLUE, SCISSORS, ETC.)
- NEW UNOPENED TOILETRIES
- DIAPERS
- YOUTH ORIENTED DVDs (FOR KIDS AND TEENS)